



Bellegrave Surgery Newsletter

Spring & Summer 2024



May Bank Holiday Closures

The Surgery will be closed Monday the 27th May 2024 and Monday 26th August 2024.

Pharmacy First Service



The Pharmacy can now be used for first point of contact for 7 conditions.

- [Earache](#) - 1 to 17 years.
- [Impetigo](#) - 1 year and over.
- Infected [insect bites](#) - 1 year and over.
- [Shingles](#) - 18 years and over.
- [Sinusitis](#) - 12 years and over.
- [Sore throat](#) - 5 years and over.
- Uncomplicated [urinary tract infections](#) - women 16-64 years.

Please contact the Pharmacy for these conditions before seeking advice from the GP.

GP's and Clinicians working days.

Dr W A Cotter
Wed, Thurs & Friday

Dr J Bohmer-Laubis
Monday & Tuesday

Dr A Foces
Mon-Friday

Jon Wood- Clinical Pharmacist
Mon, Tues, Thurs & Friday

Aleruchi Okachi- Physicians Associate
Mon, Wed, Thurs & Fri

Dr N Prang
Mon, Tues, Thurs & Fri

Covid Spring Booster Vaccine for Over 75's immunosuppressed

Eligible patients have been contacted to book an appointment via text or letter.
Housebound patient's rounds have been completed.



Understand The Practice Team – As well as 3 GP's we also have

Aleruchi Okachi - our Physician Associate.

Physician Associates work under supervision, clinically trained to diagnose and treat patients, order tests, make referrals and provide continuity of care for those with long term conditions.

Jon Wood - our Advanced Care Practitioner. They are highly skilled specialists, a Pharmacist in Jon's case, who are qualified to make independent decisions on assessment, diagnosis and treatment.

You will often be booked with these for both routine and urgent appointments, when seeking GP appointments.

New Online Triage Service

To book a GP appointment you must fill out the online triage form on our website www.bellegrovesurgery.co.uk

Scroll down on our home page to find the green box with a white button 'Contact Us Online' and click the 'submit a request button'.

What happens next?

Bellegrove Surgery Triage Team will review your request within 2 working days (usually on the day). If you do not get a telephone response - please check your emails or SMS messages.

If you become more unwell or need help more urgently than the appointment we offer, please contact an Urgent Care Centre, visit [NHS 111 online](http://NHS111.nhs.uk) or call 111. In an emergency [call 999](http://999)

If you have difficulty using the internet our Reception staff are available to fill out the form on your behalf.

Please call 111 out of opening hours.

Goodbye

Paula Cotter Practice Nurse retired at the end of April. Julie Tynan is left on the 25th April to join the met police. Grace Kavanagh is leaving on 14th May to join Co-Op Funerals.



Repeat Prescriptions

Please consider registering for the NHS App which allows you to request repeat prescriptions online. It will give you a list of your repeat medication which you just need to click and send. This is integrated into your patient record and helps us to process your prescription request easily. If you set-up your nominated pharmacy the prescription will be automatically sent there.

If you already have your login details you can [order your repeat prescription online](#) OR

Download from the App Store or Google Play

PLEASE ALLOW 2 WORKING DAYS FOR YOUR REQUEST TO BE COMPLETED – IF THERE ARE QUERIES AND A REVIEW APPOINTMENT IS REQUIRED YOU MAY NEED TO ALLOW EXTRA TIME.

Please allow extra time at holiday periods i.e. Christmas, Easter, Bank Holidays etc.

Welcome New Staff

We now have 3 GP Partners.
Dr W.A Cotter
Dr J Bohmer-Laubis
Dr A Foces



In April Sheena Burgess joined us as a new receptionist and Alicia Bevan as a new prescribing clerk.

Trainee Doctors

Dr Allam- GP registrar joined us in August for 1 year placement. Dr Dhahi joined us in April for a 6 Month placement.

Patient Participation Group

We are restarting our PPG meeting and are seeking new members. This is to help improve the services at the Surgery from a patients view. Please email bellegrove.surgery@nhs.net if you are interested in joining. Meetings will be virtual and every 2-3 months.

