



Bellegrove Surgery

Autumn & Winter Newsletter 2024

Christmas Closures

The Surgery will be closed
25th December 2024
26th December 2024
1st January 2025

GP's and Clinicians working days.

Dr W A Cotter
Weds, Thurs & Fri

Dr J Bohmer-Laubis
Mon & Tues

Dr A Foces
Mon-Fri

Dr N Prang
Mon, Tues, Thurs & Fri

Dr C Ktistakis
Mon- Fri

Jon Wood
Mon, Tues, Thurs & Fri

Aleruchi Okachi
Mon, Wed, Thurs & Fri

NHS APP



You can now use the NHS app to view your records/ results and to order prescriptions.



Repeat Prescriptions

Please consider registering for the NHS App which allows you to request repeat prescriptions online. It will give you a list of your repeat medication which you just need to click and send. This is integrated into your patient record and helps us to process your prescription request easily. If you set-up your nominated pharmacy the prescription will be automatically sent there.

If you already have your login details you can [order your repeat prescription online](#) OR

Download from the App Store or Google Play

Please allow 2 working days for your request to be completed – IF THERE ARE QUERIES AND A REVIEW APPOINTMENT IS REQUIRED YOU MAY NEED TO ALLOW EXTRA TIME.

Please also allow extra time at holiday periods i.e. Christmas, Easter, Bank Holidays etc.



Flu and Covid Clinic

Our Flu and Covid Vaccination clinics are well underway. Our first clinic on Saturday 5th October went well vaccinating around 700 patients aged 65 years and over or 18-65 years with a chronic disease.

Our next clinic is on the 19th October and all eligible patients have been sent a text invite to book an appointment.

Our housebound rounds have also commenced with 51 vaccinated so far and a further 1 round planned. Child Flu vaccinations for 2-3 year olds or 16-17 years with Chronic Diseases have been invited via text to book appointments. School Nurses are responsible for Reception to Year 11 children.



Duplicate Repeat Prescription Requests

We seem to be receiving increasing amounts of duplicate Prescription Requests e.g. both from the Pharmacy and the patient. This causes lots of extra unnecessary work. **PLEASE INFORM YOUR PHARMACY IF YOU WISH TO ORDER YOURSELF.**

Welcome New Staff

We now have 3 GP Partners.
Dr W.A Cotter
Dr J Bohmer-Laubis
Dr A Foces



GP - Dr Ktistakis joined us in August as did Receptionist Kimberly King. Nayana Patel, Business Manager joined in July and Pharmacy Technician Silvia De Menezes in September.

Trainee Doctors

Dr Rajagopal & Dr Ladele GP registrars joined us in August.

Goodbye



Dami Babatunde- Pharmacist
Sheena Burgess- Receptionist
Dr Allam- Trainee GP

Reminder

Please be considerate of our Clinicians who are working under huge pressure. Adding problems to your consultation will delay them and affects other patients too.

Please ask for a double appointment if you have more than 1 problem

Patient Participation Group

We are restarting our PPG meeting and are seeking new members. This is to help improve the services at the Surgery from a patients view.

Please email

bellegrove.surgery@nhs.net if you are interested in joining.

Meetings will be virtual and every 2-3 months.



Pharmacy First Service



The Pharmacy can now be used for first point of contact for 7 conditions.

- Earache - 1 to 17 years.
- Impetigo - 1 year and over.
- Infected insect bites - 1 year and over.
- Shingles - 18 years and over.
- Sinusitis - 12 years and over.
- Sore throat - 5 years and over.
- Uncomplicated urinary tract infections - women 16-64 years.

Please contact the Pharmacy for these conditions before seeking advice from the GP.

Online Triage

To book a GP appointment you must fill out the online triage form on our website www.bellegrovesurgery.co.uk

Scroll down on our home page to find the green box with a white button 'Contact Us Online' and click the 'submit a request button'.

What happens next? Bellegrove Surgery Triage Team will review your request within 2 working days (usually on the day). If you do not get a telephone response - please check your emails or SMS messages.

If you become more unwell or need help more urgently than the appointment we offer, please contact an Urgent Care Centre, visit [NHS 111 online](https://www.nhs.uk) or call 111. In an emergency [call 999](https://www.nhs.uk)

Understand The Practice Team – As well as 3 GP partners we also have 2 Sessional GP's Dr N Prang and Dr C Ktistakis, 1 GP Trainee (ST3) Dr Rajagopal, a Doctor undertaking his final year in Primary Care and a Trainee Doctor (ST1) Dr Ladele undertaking 8 months placement in Primary Care.

Physician Associate -Aleruchi Okachi

Physician Associates work under GP supervision, clinically trained to diagnose and treat patients, order tests, make referrals and provide continuity of care for those with long term conditions.

Advanced Care Practitioner- Jon Wood - They are highly skilled specialists, a Pharmacist in Jon's case, who are qualified to make independent decisions on assessment, diagnosis and treatment. They also work under GP Supervision

You will often be booked with these for both routine and urgent appointments, when seeking GP appointments.